

Sherborne Touch Union

Risk Assessment

Activity Details	
Activity Name	Touch Union
Date Of risk Assessment Completion	01/Sep/2021
Risk Assessment Review Date	31Aug/2022
Ongoing Assessment	
<p>The Risk Assessment process <u>must</u> be 'on-going' and 'dynamic'.</p> <p>In other words, professional judgements and decisions regarding safety will need to be made <u>during</u> the activity. If the control measures aren't sufficient, the activity must be modified or the control measure made more effective.</p> <p>All players involved with the running of the activity must receive very clear guidance and instructions for the management of the activity and be very clear about their own roles and responsibilities for each aspect of the event and carry these out under the guidance given.</p> <p>The whole team (all players) must be made aware that they play "at their own risk", but that this does not absolve them of personal responsibility to others.</p>	

Sherborne Touch Union

Risk Assessment

Risk Rating Guide

Below is a simple guide to help risk assessors determine the risk rating of each hazard identified. A Risk Assessment should be 'Suitable & Sufficient'. That is to say:

- ◆ It should identify the risks arising in connection with the activity.
- ◆ The level of detail included should be proportionate to the risk.
- ◆ It must consider all those who might be affected i.e. players, spectators, etc.
- ◆ It should be appropriate to the activity and should identify the period of time for which it is to remain valid.

Risk = Likelihood X Consequences

Likelihood	Score	The consequence		Score
Highly Unlikely	1	Slightly Harmful	Bruising, minor cuts, grazes, Strains, Sprains,	1
Unlikely	2	Harmful	Loss of consciousness, blood loss, burns, breaks or injury resulting in Visit to A&E. Other non-permanent chemical effects. Corrosive toxic, flammable substances, mildchemical irritation of eyes or skin. Harmful, irritant substances	2
Likely	3	Extremely Harmful	Permanent /partial/total disablement or other reportable injury/disease. Single Death or Multiple Death	3

Risk Rating	Action	Score
Insignificant Risk	No further action required unless incidents occur	1
Low Risk	No additional controls may be needed overall, but specific hazards may be reduced. Monitoring is required to ensure controls are maintained. Review if an incident occurs or more effective controls become available.	2
Medium Risk	Efforts should be made to reduce the risk over a defined period of time.	4
High Risk	Work should not be started until the risk has been reduced. If work is in progress Urgent action should be taken to reduce or control risks.	6
Extreme Risk	The activity should cease until risks have been reduced to an acceptable level.	9

3 x 3 Risk Matrix

L I K E L I H O O D	Likely	Medium Risk	High Risk	Extreme Risk
	Unlikely	Low Risk	Medium Risk	High Risk
	Highly Unlikely	Insignificant Risk	Low Risk	Medium Risk
		Slightly Harmful	Harmful	Extremely Harmful
	C O N S E Q U E N C E S			

Sherborne Touch Union

Risk Assessment

Hazard	What are the risks and potential injuries	Who is at risk?	Risk Rating	What are the controls and actions?	Residual rating	Who is responsible for the control?
Area of Activity: Training						
Inappropriate footwear	Insufficient grip resulting in slipping, grazes, bruises, ankle/knee/back injuries, possible concussion	Members	6	1. Ensure that all the members participating are wearing suitable footwear when training (i.e. appropriate trainers or AstroTurf trainers) to reduce injury.	2	Committee
Inappropriate clothing	Restricted movements, clothing getting caught leading to injuries	Members	4	1. Ensure all members are wearing appropriate sports kits to avoid restriction and being caught. 2. Long hair to be tied back to avoid pulling and therefore injuries.	2	Committee
Jewelry	Scratches, cuts, bruises, strangulation, potential eye injuries	Members	6	1. All jewelry to be removed prior to the training session to avoid risks. 2. Any new piercings that cannot be removed to be taped up with suitable medical tape to avoid tape unsticking and causing injury.	3	Committee
Weather conditions on the grass pitch	Bad weather can result in slipping, bruises, grazes, ankle/knee/back injuries, possible concussion	Members	4	1. In bad weather conditions the session should be moved to the all-weather AstroTurf or called off.	1	Committee
Slips, trips and falls	Can occur on the outdoor AstroTurf or grass pitches, leading to injuries	Members	4	1. Train in well-lit areas 2. Ensure that the pitch surface is not wet 3. Ensure the area is tidy of any obstructions 4. All member's belongings to stay on the side of the pitch out of the way of training session 5. Make sure the area is kept clean and tidy.	3	Committee
Obstructions	Collisions, slipping, bruises, grazes and possible concussion	Members	6	1. Ensure all of members' bags and belongings are on the side and off the pitch 2. All balls and other equipment to be kept on the side of the pitch unless in use 3. Any other items causing obstructions to be removed off the pitch	2	Committee

Sherborne Touch Union

Risk Assessment

Equipment	Collisions, bruises, grazes, sprains, slips	Members	2	<ol style="list-style-type: none"> 1. Ensure no equipment is on the pitch obstructing the training session 2. All equipment to put away safely after the training session is complete 	2	Committee
Lack of warm up and cool down before and after the session	Sprains, cramps, ligament and muscledamage	Members	6	<ol style="list-style-type: none"> 1. A warmup should always be carried out before members participating in the training session 2. Stretching is to be strictly carried out before session to avoid pulling muscles 3. Cool down after the training session must be carried out to reduce effects of any delayed muscle soreness and cramps. 	3	Committee
Poor fitness or skill levels	Collisions, sprains, bruises, collapses	Members	2	<ol style="list-style-type: none"> 1. Any members new to the sport need to be taught the rules of the activity and given support until the activity is fully understood. 	1	Committee
Dehydration	Fainting, heat stroke, nausea, injury to other players through collapse	Members	9	<ol style="list-style-type: none"> 1. Committee should ensure that regular water breaks are taken throughout the training session 2. It should be made known that members can go take individual water breaks throughout the training session 	1	Committee
Medical conditions/injuries	Any medical conditions and injuries could cause impaired abilities and result in collisions and triggering of the condition or worsening it	Members	9	<ol style="list-style-type: none"> 1. Any medical conditions of any members to be known about by the committee before the session begins 2. Conditions to be confirmed as safe to participate in the session beforehand 3. It must be ensured that any medication that is required is with the member at every session (e.g., inhaler) 4. Previous minor injuries to be strapped and taped up to ensure safe completion of the session. 	3	Committee

Sherborne Touch Union

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Sign Off

The undersigned believe this assessment to cover all significant risks associated with the above activity and accept their responsibilities for ensuring associated controls are in place

Authorisation			
Position	Print Name	Sign	Date
Management Committee Member	Jimmy Flynn	J Flynn	01/Sep/2021
Management Committee Member	Jakob Kurpierz	J Kurpierz	01/Sep/2021
Management Committee Member	Vacancy		01/Sep/2021

Please detail how this risk assessment will be communicated to all parties who must comply:

Communication			
Who needs to understand this assessment?	How will this be communicated to them?	Person Responsible	Date
Players	Document to be published on website and publicised by email communication with players.	Management Committee	01/Sep/2021